



## NALC Holland

Newsletter vol.1  
August 2016

### Invitation for the Opening Ceremony of NALC Holland

(24 September 2016 Amstelveen)

A. A. J. (Ton) Millenaar  
NALC Holland Chairman  
(WELnu Chairman)

As the Representative of NALC Holland it is my great honour to invite you for the Opening Ceremony on the 24th of September, 2016 in Amstelveen.

From the first moment I was informed about the possibilities of Time-banking, I became interested because it gives the opportunity to people to support each other in an equal way. Even vulnerable people are able to help other people in an interdependent way. This what is called: Reciprocity; which gives everybody Dignity. Once we spoke with the members of the Nippon Active Life Club in Japan who apply Time-banking (called in Japanese: Fureai Kippu), I became more and more enthusiastic because I could see that this works in practise. Especially the support can be organized on a small scale and local base and the "earned time" can be used for relatives who are living far away.

I spoke about this with Japanese people—who are living in Holland—. At that time, some people said "I would like to contribute to the Dutch society as I live here." "I am happy to do volunteer works close to my house, but I do not know how" We discussed the possibilities to do some volunteer work in the local community in Holland. Then we asked the key-people of NALC Japan if it is allowed to use the "earned time" in Japan. Step-by-step we could make an Agreement which has been finally signed in an official contract.

In the meantime some people did some trials and in this Newsletter you can read the first experiences. Now we are sure and also proud that we are able to launch this in September and it will be available for many people.

So together we found the real meaning of the Quote: **"Think globally and act locally."**

## **“Invitation for the opening ceremony of NALC Holland”**

We are happy to announce that NALC Holland is established as of 1st of September 2016. We kindly ask your attendance to celebrate this special event.

Date: September 24, 2016. 14:00 ~ (the door is open from 13:30)

Place: EGCC, JCC room Schokland 14, 1181HV Amstelveen

Organised by :NALC Holland, WelNu

Supported by :Mr. R.van Schie, Senior Area Manager Japan,  
Amsterdam in Business

### **Program: part 1 (14:00-)**

Opening: Ton Millenaar (Chairman WELnu)

Video Message: Mr. K. Takahata, Chairman of NALC Japan

Speech: Ms. Maaïke Veeningen wethouder Gemeente Amstelveen

Speech: Japanese Embassy in The Netherlands ( planning )

Speech: Japanese Chamber of Commerce, Mr. M. Sano: Vice Chairman

Introduction of the Committee Member of NALC Holland

Japanese music

Break

### **Program: part 2 (14:50-)**

Opening: Joost Hoekman

mini lecture “Complementary Currencies” (planning)

mini lecture Time Banking in the US, Switzerland, England (planning)

mini lecture “my experience about the volunteer works in NL” (planning)

Closing Kuniharu Iwasaki

Drinks and networking 15:30-17:00

Please inform the following when you will be able to join this ceremony. Everyone is welcome. Please be informed that there are limit in the capacity of the room.

Masako Higashi E-mail : [masako@telfort.nl](mailto:masako@telfort.nl)

Tel : 06-2425 2523

## HOW IS NALC HOLLAND ESTABLISHED?

From the spring of 2013, we; the committee members of Nalc Holland were trying to find the way to start “Time banking system” in The Netherlands. We studied about this system and discussed a lot with various people and we finally found our own way: Nalc Holland starts her life in “Welnu”: one of the volunteer organisation in The Netherlands. Some people who agreed with the philosophy of “Time Banking system” started trying volunteer works at local care houses like elderly people house/ house for the people with disabilities. At the same time, the Committee members visited NALC Japan quite few times and finally a contract between NALC Japan and NALC Holland were signed. As the result, the time that you work for the local care houses here will be send to your family in Japan via NALC Japan. Off course it is also possible that you “keep” your working hours for yourself in the future.

### Report from the Volunteers

Ms. T:

I cook once per week for the elderly people’s house in Amstevleen. I enjoy cooking for 6 people. I feel comfortable to work here as I got information and instruction how to deal with the people in this house beforehand. Nice to hear that they enjoy my cooking with some Japanese sence. I would like to use my “point” in the future when I need any help.



Ms. S:

I do volunteer work at a big house for people with disability. Almost 100 people come here and they enjoy drawing/pottery etc. I walk around and help them. I also go to the swimming pool to help them. I enjoy seeing their “pure” smile. I would like to send my “point” to my family in Japan.



## Introduction of the Committee member NALC Holland

Chairman :Ton Millenaar (WEL nu)

Project leader:Joost Hoekman (WEL nu)

Contact person NALC Japan: Masako Iwasaki 岩崎正子

Administration:Emiko Kannan 河南笑子

Communication:Masako Higashi 東雅子

Organisation:Kuniharu Iwasaki 岩崎國治

Administration:Kayo Matsubara 松原佳代



### Nalc Holland Membership fee

We need some budget to run NALC Holland. Those are the expenses for the meetings, transportation fee of the committee member, the expendables, communication fee, etc. In order to cover these running costs, we set the annual fee. It is €22,- per year. We kindly ask for your understanding and kind cooperation.

### \*\*Coming ups\*\*

- NALC Holland will have a table at the Japan Festival on the 23rd of October in Amstelveen. We will do the PR about NALC Holland as it is very NEW. Do you have time to be there together with us? Please let us know then. Furthermore, we will prepare coffee, and will also organise some interesting workshops. Please come by!
- You might have many mixed feelings like “ I do not know how to deal with xxxx” or, “ I want to learn much more about xxxx” etc., when you do volunteer works here. There are also many people who do not know how and where he/she starts volunteer works. Thus, we are planning **meetings** where you can learn from other volunteer workers, **workshops** like”how to deal with xxxx” , and **excursions** to the organisations where NALC Holland members are working. Detail information will follow!.

NALC Holland <http://nalc.jp> <http://www.stichtingwelnu.nl> <http://www.nalcholland.nl>  
contact: Emiko Kannan [nalcholland@gmail.com](mailto:nalcholland@gmail.com)  
tel: 020-642 5379 / 06-2296 0358